April 21st, 2021

Dear Families,

We hope this email finds you healthy and as optimistic as we are about the continuing decline in COVID cases in our surrounding community. Considering these encouraging numbers, we will begin to take a slightly different approach with these weekly email updates to you, focusing more on recreation activities taking place in our center, special events, and significant changes taking place.

VERY IMPORTANT:

The best way I can explain this is about supply and demand. Employees in nursing homes are in high demand across the board. The Medicaid rate has stayed the same throughout the COVID 19 pandemic and this is one of my main payor sources. You and I know that the DEMAND for staff great. Our staff is here to support your loved ones and we need more help. I need more SUPPLY to attract new employee, which means I need more funding from Medicaid. The more people who speak to this issue the louder the voice and the more receptive our state representatives will be.

Please follow the directions and go to <u>www.cahcf.org</u> and click on the "BLUE LEGISISLATIVE" Tab at the top of the page:



Select the top tab "Votervoice: Action Center" Then select:



A Substantial Investment in Connecticut Nursing Homes is Needed---the Connecticut General Assembly Must Act Now

MAXIMUM EFFORT. Please get everyone at your facility to participate in this Action Alert.

Scroll to the bottom of the page:

our Informa	ntion	
Prefix *	First Name *	Last Name *
Email *		
ome Inform	ation	
Street Addre	ess *	
ZIP Code *	Enter Zip for City and State	
Send me er	mail alerts	
Remember	me	

*** Ensure that in the last name you put:

Your: Last Name Family Member Shady Knoll Nursing Home

I need your help getting the resources I need to better take care of your loved ones. Please take the five minutes to do this.

I would also like to inform you that I will no longer be doing weekly Zoom meetings. With the facility now open to family visits, feel free to come in and talk to me in person any time

you would like. I am always available by phone or email. With the added time in my schedule I will be ensuring your activities continue to increase within facility.

Vaccination Update

- Although not mandatory, we continue to encourage any employee who has not been vaccinated to obtain one. Currently, they may obtain one at a community clinic. We are also working with our state to do "catch-up" clinics to assist our team and new residents in obtaining the vaccine right here in our center.
- Regional hospitals are working on plans to offer the first dose of a COVID vaccine to their patients being discharged to nursing homes.

Visitation

- No significant changes to our center or our visitation plans, which are based on our state's guidance from the CDC and CMS recommendations.
- We always offer visitations using our technology (iPads, tablets, calls, etc.) and when
 we can, window visits and outside visits. If you do not have an appointment
 scheduled, please contact the Recreation Department at (203) 881-2555 to schedule
 an appointment for an outdoor visit, window visit or virtual visit.
 - Outdoor visitation is not affected by an internal outbreak on a unit, while we await the results of the initial round of testing.
 - Outdoor visitation is still the recommended form of visitation from CMS and the CDC.
- When an outbreak is detected among residents or staff, all visitations must be suspended **in the building** (outdoor still continue) except for compassionate care visits, until at least one round of facility-wide testing is completed.

Recreation / Activities:

- We are delighted to once again safely begin holding small, socially distanced group activities.
- Outdoor activities are always encouraged and preferred by the CDC and CMS, however indoor events are once again taking place following the outbreak guidance.
- These events will safely welcome back in our volunteers and vendors including entertainment, clergy, artists, and instructors.
- Jessica the hairdresser is currently available to give haircuts/perms on both Tuesday and Wednesday Every week.
 - o Please see the new rate sheet included.
- On Thursday, April 22nd we will be celebrating Earth Day. Both residents and staff will work together to plant flowers and help make the facility beautiful just in time for Spring

Dining:

 We are once again welcoming our Residents back into a communal dining atmosphere following all guidance set forth by the CDC and CMS. This means our Dining Rooms are again open for meals, allowing for additional opportunities for socialization among our residents.

Thank you and, as always, please stay safe and healthy!

Sincerely

Timothy Flaherty, Adminstrator

Shady Knoll Health Center

41 Skokorat Street

Seymour, CT 203-881-2555

Salon Rates

Women:

Hair cut 15.00

Wash and Blow-dry or Set 20.00

Wash, Cut and Blow-dry or set 30.00

Perm 50.00

With cut 60.00

Color 40.00

With cut 50.00

Men:

Haircut 15.00

Beard trim 5.00

Shampoo 2.00